

	<b>Low Risk (1)</b> Low Stress, High Comfort, Long Duration, Has Assistance	<b>(2)</b>	<b>Medium Risk (3)</b> Average Suspension, Practiced Rigger, Still Developing	<b>(4)</b>	<b>High Risk (5)</b> High Stress / Painful, Low Comfort, Short Duration, RACK
<b>Full/Partial</b>	<ul style="list-style-type: none"> <li>Laying On Ground</li> <li>Limb/Limbs Suspended</li> </ul>	<ul style="list-style-type: none"> <li>Kneeling, Squatting</li> <li>Knees and/or Elbows</li> </ul>	<ul style="list-style-type: none"> <li>Standing On One Foot</li> <li>“Crane Stance”</li> </ul>	<ul style="list-style-type: none"> <li>Nose/Minor Body Part Touching Floor</li> <li>“Partial” Suspension ;)</li> </ul>	<ul style="list-style-type: none"> <li>No Floor Contact</li> </ul>
<b>Height</b>	<ul style="list-style-type: none"> <li>Bottom On Ground</li> <li>Partial Suspension</li> </ul>	<ul style="list-style-type: none"> <li>Inches From Ground</li> <li>Easy to Lift</li> </ul>	<ul style="list-style-type: none"> <li>Many Feet from Ground</li> <li>Within Reach of Top</li> </ul>	<ul style="list-style-type: none"> <li>Top Required to Use Tip Toes, Awkward Footing</li> <li>Difficult to Lift</li> </ul>	<ul style="list-style-type: none"> <li>Bottom Completely Out of Reach w/out Hoist, Ladder, etc</li> </ul>
<b>Physical Demands</b>	<ul style="list-style-type: none"> <li>Hammock-Style</li> <li>Body Well Supported</li> </ul>	<ul style="list-style-type: none"> <li>4-6 Attachment Points</li> <li>Balance Req'd for Liftoff</li> </ul>	<ul style="list-style-type: none"> <li>Waist Harness Only</li> <li>Upper Body Str Useful</li> </ul>	<ul style="list-style-type: none"> <li>Minimal Attachments</li> <li>Chest Harness Only</li> <li>Core Str/Flexibility Req'd</li> </ul>	<ul style="list-style-type: none"> <li>Single Point - Ankle, Thigh, etc</li> <li>Core Str/Flexibility Req'd</li> </ul>
<b>Overhead Points</b>	<ul style="list-style-type: none"> <li>Dedicated Equipment</li> <li>Multiple Points</li> </ul>	<ul style="list-style-type: none"> <li>Structural Component</li> <li>Multiple Points</li> </ul>	<ul style="list-style-type: none"> <li>Structural Component</li> <li>Single Overhead Point</li> </ul>	<ul style="list-style-type: none"> <li>Dedicated Equipment</li> <li>Single Overhead Point</li> </ul>	<ul style="list-style-type: none"> <li>Ad-Hoc Single Point</li> <li>Tree Branch, etc</li> </ul>
<b>“Liftoff” Method</b>	<ul style="list-style-type: none"> <li>N/A - Partial Suspension</li> </ul>	<ul style="list-style-type: none"> <li>Sit &amp; Swing</li> <li>Based on Swiss Seat</li> </ul>	<ul style="list-style-type: none"> <li>Hoist: Slowly Lifted From Laying/Seated Position</li> <li>Easy to Reverse/Adjust</li> </ul>	<ul style="list-style-type: none"> <li>Rotation: First Secure Harness then Lift Individual Limbs</li> </ul>	<ul style="list-style-type: none"> <li>“Leap of Faith” - Pre-tied, Sudden</li> <li>Lifted by Spotters</li> </ul>
<b>Time on Feet/Fatigue</b>	<ul style="list-style-type: none"> <li>Ties Prepared Well Before Scene Begins</li> <li>Bathroom Break Allowed</li> </ul>	<ul style="list-style-type: none"> <li>Ties Prepared While Seated/Kneeling</li> </ul>	<ul style="list-style-type: none"> <li>Harness Tied Quickly While Standing</li> <li>Mostly Tied In Air</li> </ul>	<ul style="list-style-type: none"> <li>Extensive Preparation</li> <li>Uncomfortable Positions</li> </ul>	<ul style="list-style-type: none"> <li>Start with Partial Suspension</li> <li>Predicament/Ordeal</li> </ul>
<b>Escape Route</b>	<ul style="list-style-type: none"> <li>Already on Ground</li> <li>Minimal Untying</li> </ul>	<ul style="list-style-type: none"> <li>Stand Up</li> <li>Lower with Hoist/Winch</li> </ul>	<ul style="list-style-type: none"> <li>Pick Partner Up &amp; Unclip (Single Point)</li> </ul>	<ul style="list-style-type: none"> <li>Insert Chair/Table for Support</li> </ul>	<ul style="list-style-type: none"> <li>Multiple Spotters</li> <li>Lifting or Cutting Req'd</li> </ul>
<b>Speed / Efficiency</b>	<ul style="list-style-type: none"> <li>Fast/Efficient</li> <li>Practiced Motions</li> </ul>	<ul style="list-style-type: none"> <li>Methodical</li> <li>Check/Recheck</li> </ul>	<ul style="list-style-type: none"> <li>Gaining Confidence</li> <li>Some Fumbling</li> </ul>	<ul style="list-style-type: none"> <li>Inexperienced</li> <li>Freq. Pauses/Re-Tying</li> </ul>	<ul style="list-style-type: none"> <li>Inexperienced</li> <li>Consulting Books</li> </ul>
<b>Cooperation</b>	<ul style="list-style-type: none"> <li>Bottom Able to Talk/Stand/Sit/Use Arms</li> <li>Bottom Helping Tie</li> <li>Lab/Learning Dynamic</li> </ul>	<ul style="list-style-type: none"> <li>Experienced Bottom</li> <li>Good Communication</li> <li>Able to Articulate Issues</li> </ul>	<ul style="list-style-type: none"> <li>Bottom Bound With Chest Harness/Arm Binder</li> <li>Limited Mobility</li> </ul>	<ul style="list-style-type: none"> <li>Bottom Mostly Immobilized</li> <li>Unable to Redistribute Weight</li> </ul>	<ul style="list-style-type: none"> <li>Bottom Immobilized, Nonverbal, Unable to Assist</li> </ul>
<b>Urgency</b>	<ul style="list-style-type: none"> <li>No Rush</li> <li>Hammock-Style</li> </ul>	<ul style="list-style-type: none"> <li>Lab/Practice Time</li> <li>Planned Progression</li> </ul>	<ul style="list-style-type: none"> <li>“2 Minute Warning”</li> <li>Experimental Positions</li> </ul>	<ul style="list-style-type: none"> <li>Intense Position</li> <li>Guerilla Photo Shoot</li> </ul>	<ul style="list-style-type: none"> <li>“I Need To Sit Down”</li> <li>Emergency Situation</li> </ul>
<b>Dynamic</b>	<ul style="list-style-type: none"> <li>Bottom Free To Move and Adjust as Needed</li> </ul>	<ul style="list-style-type: none"> <li>Rope Dancing</li> <li>Most Limbs Free</li> </ul>	<ul style="list-style-type: none"> <li>Progression Through Multiple Positions</li> </ul>	<ul style="list-style-type: none"> <li>Limited Motion</li> <li>Some Ability to Struggle</li> </ul>	<ul style="list-style-type: none"> <li>Bottom Immobilized</li> <li>Unable to Adjust</li> </ul>
<b>Assistance</b>	<ul style="list-style-type: none"> <li>One on One Instruction</li> </ul>	<ul style="list-style-type: none"> <li>Experienced Spotter</li> <li>Co-Top</li> </ul>	<ul style="list-style-type: none"> <li>Play Party</li> <li>Friends Nearby</li> </ul>	<ul style="list-style-type: none"> <li>Alone With Partner</li> </ul>	<ul style="list-style-type: none"> <li>Self-Suspension</li> <li>No Spotter</li> </ul>