

Chests and Breasts

Shape Up With Your Chest Harnesses!

Overview

Whether you want to beautify bouncing boobies, macrame manly muscles, or practice some gender geniculation, we've got the ties for you! During this all-orientation, gender-inclusive workshop, we'll expand on basic chest harness concepts and use them to define and shape our bodies in many new ways. Bring an open mind and plenty of rope (3x30' recommended)

Bio

I'm a fun-loving rope geek and sex educator who has found a home in the Midwest kink community. When I'm not traveling to events, I contribute to the Iowa State University CUFFS group, and serve on the board of Minneapolis TNG group Min-KY. Although I'm a relatively new member of the scene, I've presented at numerous events across the country, including Kinky Kollege, Shibaricon, Denver Bound, and Beyond Leather.

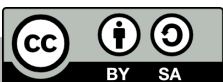
As a presenter, I aim to provide a comfortable down-to-earth learning environment for all genders, orientations, and experience levels.

My long list of presentations, events, and class materials can be found at <http://www.kinkfriendly.org>

Enjoy yourselves!

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Introduction

Harnesses are great! They hug your body, provide restraint, and can add style to your fetish attire - all while creating convenient handles for play. Within the leather community, one often sees cross-shaped leather harnesses worn by all genders, but many rope harnesses are designed with female-bodied people in mind.

The goal of this workshop is to show harnesses in a new light and explore the many ways they can be modified for use on all body sizes, shapes, and genders.

The Difference Between Learning a Recipe & Learning to Cook

While most resources focus on specific ties, this class will introduce you to the individual elements that comprise chest harnesses. By understanding how these elements interact, you will have the tools to modify ties to meet your needs and adapt to any situation.

We All Have Our Reasons!

So there I was, visiting a local play party after learning lots of new skills at various events. The night was going well and I had the opportunity to play with someone that I hadn't tied before. While negotiating the scene, it quickly became apparent that what I learned wasn't going to match her body's limits. Rather than call the scene off, I began experimenting!

There are plenty of reasons to modify ties, for instance:

- Gender Differences - Adding or removing elements of a tie to match your partner's gender identity
- Gender Play - Specifically shaping your partner's body or experience to experiment with gender differences
- Creative Challenge - Creating new ties to add to your repertoire
- Create Predicaments - Changing ties with the intention of testing your partner's limits and abilities
- Size/Shape Differences - Adding or removing elements of a tie to compliment your partner's body
- Working with/around Challenges - Body Issues, Mobility Limits, Piercings, Injuries

Make Someone's Day

Many have cited these reasons to limit or omit rope work from their play. Ultimately, these skills will help you become more flexible when playing with rope - transforming the above challenges into opportunities to reintroduce someone to rope bondage. With creativity and fluidity, you are no longer restricted to a formulaic approach, instead you can be prepared for anything!

Elementary, My Dear Watson!

The following categories show many of the elements that you can experiment with while building custom ties. While it won't come immediately, the key is to become familiar with these building blocks: Where they apply, how they fit together, and how they compliment one another.

Technical

Wraps Decoration
Weaves Materials
Knots Props
Shapes

Visual

Symmetry
Focal Point
Illusion
Posture

Emotional

Symbolism
Approach
Attention
(Positive/Negative/Neutral)

Now What?

While you can experiment blindly and see where things go, it can certainly be easier if you start with a goal in mind. To that end, below are a few examples to get you started:

Flatten Chest	Create Cleavage	Restrict Movement	Avoid Body Parts
Add Focus to Body Parts	Hide Features	Enhance Features	Redirect Attention
Create Feelings/Sensations	Sensory Deprivation	Denial/Power Exchange	Add Definition

Conclusion

Even if your first few attempts at remixing your ties end up looking like a Frankensteinian mess, you now have the tools to create a masterpiece. When all else fails, take it apart, keep the good stuff, and try again.

Lastly, remember that creating and learning new ties is an investment - once you come up with something that works, don't be afraid to reuse it. Instead, treasure and use your creation like you would with any other important piece in your toybag!

Thanks for reading!

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